

CYO Athletic Manual
Catholic Youth Organization
Diocese of Rochester

updated April 2026

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for Co-ed Soccer, Kickball, & Boys & Girls Basketball



ROMAN CATHOLIC
DIOCESE OF ROCHESTER

Purpose of CYO Athletics

Similarly, an athlete cannot receive the winner's crown except by competing according to the rules. (2 Timothy 2:5)

The Catholic Youth Organization (CYO) is committed to providing a nurturing, respectful, and safe environment for all young people who participate in its athletic programs. At the heart of this commitment is CaSE training—Creating a Safe Environment—which serves as both a preventive enforcement and a proactive approach to upholding the dignity of every child, volunteer, and staff member involved in CYO activities.

CYO Athletics is part of the Diocesan Catholic Schools Department. There is a component of evangelization in CYO Athletics; an opportunity to strengthen the connection of baptized Catholics to their Church and an opportunity to be a witness of Jesus Christ. For these reasons we enforce the following principles.

- † CYO Athletics recognizes that every human being has dignity, value, and worth. The expectations of behavior for all involved in this program is to never lose sight of this fundamental & Christian philosophy.
- † CYO Athletics encourages the development of the unique gifts of each participant. CYO programs serve the needs of all youth.
- † Keep CYO fun and an opportunity for character building! CYO is for players and is not a spectator sport. All involved in CYO must keep the outcome of the game in perspective.
- † Principles of fair play and sportsmanship govern all games, practices, and scrimmages. Competitors are not enemies.
- † Participants, both youth and adult, model Christian values and virtues. At times, during the heat of competition, a participant may temporarily forget some rule of conduct. Prompt correction can turn even failures into learning experiences.
- † CYO Athletics allows the athletically gifted to excel, and the less athletically gifted to participate and improve.
- † Playing is more important than winning. The emphasis rests not on the number of games won or lost, but on the participants' attitude towards victory & defeat.

CYO Points of Emphasis

1. **Prayer** - Prayer should be naturally incorporated into ministry with young people in the Catholic Youth Organization. All CYO activities (practice, games, team meetings, parent gatherings) are to begin with prayer. A pre-game prayer should be done as a collective whole.
2. **Good Sportsmanship** - Taunting, baiting and rough play is not acceptable. If CYO is to reflect Christian values, coaches **must** emphasize good sportsmanship. Coaches set sportsmanship goals with their teams and discuss proper conduct. **Proper conduct is always, under all circumstances, shaking hands with your opponent following the competition.** Coaches and players should never show disrespect to game officials. Coaches with concerns about officiating should contact their Athletic Director. Do not ever approach officials following a game.
3. **Positive Spectator Behavior** - All spectators at CYO events must practice good sportsmanship. Spectators can cheer positively and must never shout derogatory remarks to coaches, opposing players or game officials. Coaches must emphasize good spectator behavior at their pre-season parent meeting by explaining proper spectator behavior in the Volunteer **and** CYO Code of Conduct.
4. **All Play** - The 'all play' rules guarantee each child minimum playing time. Coaches, under the supervision of their Athletic Directors, should be certain that **all** players receive equitable playing time.
5. **No Running Up Scores** – We must be humble in victory and gracious in defeat. There is no place in CYO to humiliate an opponent.
6. **Eligibility** - CYO eligibility rules are designed so that CYO teams are parish-based or Catholic school-based. Use of an ineligible player shall result in forfeiture of the regular season games.

Code of Conduct

The CYO program provides for the development of young people's spiritual, emotional, social, and physical potential. Based on Catholic values, CYO offers guidance to assist young people as they assume responsibility for themselves and for their relationship with their faith, peers, and community.

Every CYO activity provides opportunities that encourage and assist youth in their growth and development towards Christian adulthood.

The specific purpose of the CYO athletic program is to develop in youth a sense of self-esteem, self-discipline, cooperation, and fair play by providing a competitive team sport activity through which they will practice the teaching of their faith.

The guiding principle behind the enforcement of this code is that the behavior of anyone involved in CYO should not detract from the participants' enjoyment of the sport.

1. **Coaches-** Expected standards of coach behavior include:
 - † **Signing the CYO Code of Conduct** before the season begins and to the best of your ability, abide by those standards.
 - † Setting a good example for participants and fans to follow by exemplifying the highest moral and ethical behavior.
 - † Respect the judgment of officials, abide by rules of the event.
 - † Treat opposing coaches, participants, and fans with respect.
 - † Provide a safe playing situation for all the players by coaching in positive manner, reflecting Christian values.
 - † Instruct participants in sportsmanship and demand they display good sportsmanship.

Penalties:

- † Any coach ejected from a game because of unsportsmanlike conduct will be suspended for the next game and may be subject to additional penalties.
- † Any coach who verbally or physically abuses another person may be suspended for the remainder of the season and disqualified from CYO participation.

2. **Players-** Expected standards of participant behavior include:

- † **Signing the CYO Code of Conduct** before the season begins and to the best of your ability, abide by those standards.
- † Treat opponents, coaches, and officials with respect; shake hands prior to and after contests.
- † Respect the judgment of officials and abide by the rules of the contest.
- † Play in a positive manner, reflecting Christian values. Do not bait or taunt opponents or officials.

Penalties:

- † Any player ejected from a game because of unsportsmanlike conduct will sit the next half of their next scheduled game. If it happens again, they will not be allowed back to CYO events.
- † Any player who verbally or physically abuses another person will be suspended for the remainder of the season and disqualified from CYO participation.

3. **Spectators-** Expected standards for spectator behavior include:

- † **Signing the CYO Code of Conduct** before the season begins and to the best of your ability, abide by those standards.
- † Remain seated in the spectator area during the games.
- † Respect decisions made by coaches and contest officials.
- † Be a role model by positively supporting teams and by not shouting instructions or criticism to the players, coaches, or officials.

Penalties:

- † Participating teams and their coaches are responsible for the conduct of their spectators.
- † Any spectator that displays poor sportsmanship or interferes with the conduct of a CYO activity will be removed from the facility by an official or host gym person in charge and can be barred from future CYO participation.

4. **All Coaches, Player, and Spectators-** Expected standards of behavior:

- † We will treat the other coaches, players, officials, and spectators with respect regardless of race, age, sex, creed, or abilities and will be expected to be treated accordingly.
- † We will emphasize the proper ideals of ethical conduct, sportsmanship, and fair play.
- † We will encourage leadership, use of initiative and good judgement by all players.
- † We will respect the integrity and judgement of the officials and create an environment that is free from drugs, alcohol, and tobacco and expect adults to refrain from their use at all CYO sports events.

5. **Enforcement**

The parishes and Catholic Schools, under the supervision of the Diocesan Coordinator of Sports, shall enforce this code. Complaints regarding violations of this code shall first be brought to the attention of the Athletic Director of the parish or Catholic school involved. Coaches, participants, or spectators may be suspended and / or removed from CYO activities for their actions.

CYO Administration

Diocesan Organization

The CYO Bylaws:

The CYO Bylaws are the official rules for the individual CYO offerings. Any CYO game, in any sport, should have a copy of the rules on file if there are to be any questions throughout the game. The DOR's CYO program has offerings in Soccer, Basketball, and Kickball. The rules for all offerings are on the www.cydor.org website under the Forms tab.

The Diocesan CYO Office:

The Diocesan Coordinator of Sports is responsible for the administration of the CYO Athletic Program in the Diocese of Rochester under the Bishop of Rochester, Bishop John Bonnici. The CYO office staff consists of the:

Diocesan Coordinator of Sports

1150 Buffalo Road, Rochester, NY 14624

585-328-3210 ex: 1242 cyo@dor.org

Diocesan CYO Advisory Board (CYOAB):

The Advisory Board consists of league representatives that are proposed by the Diocesan Coordinator of Sport and appointed by the Bishop of the Diocese of Rochester. The Board meets during the different sport seasons to advise the CYO Office on the conduct of the CYO program within their respective sports of Soccer, Basketball, and Kickball.

Game Officials:

Game officials are selected, trained, and assigned by a third party to officiate games for the Catholic Youth Organization. All Officials must be certified by a Board and background checked.

Coaches, participants, and spectators will treat game officials with respect. Officials must not be baited or taunted during games. *You must never approach an official following a contest.* Complaints regarding an official should be directed to the Diocesan Coordinator of Sports.

Parish Organization

Under the guidance of the parish (pastor/and or Catholic school principal and staff liaison), the Athletic Director and Parish CYO Advisory Committee direct the operation of the parish/school CYO program. Coaches are selected from qualified adults in the parish/school. Job descriptions for the Athletic Director, the CYO Coach, and the Parish CYO Advisory Committee are as follows below.

Of utmost importance in any parish program is the communication with the pastor, principal, staff liaison, and other organizations within the parish/school. Athletic Directors should make every effort to communicate and cooperate with other parish organizations.

The Parish CYO Athletic Director:

The parish Athletic Director is responsible for the overall conduct of the parish CYO athletic program. She/he is responsible to the pastor. All parishes participating in the CYO program must have an AD who has been appointed by the pastor. Athletic Directors will receive information from the Diocesan Coordinator of Sports. The AD is responsible for disseminating this information to their parish or school programs.

Responsibilities of the Parish Athletic Director include:

1. Understand and accept the purpose of the Catholic Youth Organization.
2. Recruit and train qualified coaches for all teams. Ensuring that the coaches are properly credentialed for that sport season and have attended the annual Coaches Conference.
3. Conduct an information meeting for all coaches prior to each season to discuss Bylaws and any changes, league information, CYO and coaching philosophy, and other necessary information for the coming year. Making certain that there are a minimum of two credentialed coaches over the age of 21 present at all team events.
4. Provide information for coaches to host parent information meetings for parents of participants. Coordinating parent programs and attending parent meetings as necessary. Checking to be certain that all teams have hosted parent meetings prior to the start of the season.
5. Represent the parish in diocesan meetings (or send a representative,) and contribute to the meeting.
6. Being knowledgeable of the CYO Bylaws and the league rules. Ensuring that the philosophy of the CYO program is followed. Being certain that all players are eligible to participate.
7. Organize the parish athletic program and support functions including arranging for registration of team players. Distributing registration material; setting time and location for registration. Acquiring and maintaining

- equipment, first aid supplies, and uniforms. Scheduling practice facilities. Distributing league schedules to all coaches. Any change in the schedule or request for a change must be made through the athletic director.
8. Communicate with the parish and school calendars to avoid schedule conflicts. Meeting, at least annually, with the pastor and staff liaison to discuss the CYO program. Working with parish leaders to avoid conflict with other parish programs and to promote the CYO program within the parish.
 9. In conjunction with parents and parish leaders, arranging to evaluate teams and coaches after each season.
 10. Create a CYO Advisory Committee to support the operations of the athletic program.

The CYO Coach

A CYO Coach is primarily a minister to youth with a gift of reaching out to young people via athletics. CYO coaches must be 21 years of age or older. Two adults over the age of 21 must be always present and responsible for their team. Coaches are appointed by the Athletic Director at the parish or Catholic school.

Responsibilities of the coach include:

1. Having and keeping updated credentials issued by the Diocese of Rochester by:
 - * Taking **Creating a Safe Environment (CaSE)** training and completing a Background check prior to beginning coaching and renewing both every 3 years, **Only credentialed coaches may sit on the team bench.**
 - * Obtaining certifications in being **First-Aid / CPR / AED** trained.
2. Conduct a pre-season meeting with parents to be certain that all parents, coaches, and youth understand their responsibilities and the philosophy of the CYO Athletic program in the Roman Catholic Diocese of Rochester.
3. Being knowledgeable concerning the CYO Bylaws, league rules and the techniques of teaching the fundamentals for those sports.
4. Determining the eligibility of each player on the team prior to participation. Return accurate rosters and support materials to the AD.
5. Coach in a Christian manner following the CYO Code of Conduct.
6. Being responsible for the actions of team members and team followers; ensure that their behavior follows the CYO Code of Conduct.

7. Teach and guide the youth on the team with a sense of fair play, sportsmanship, and acceptance of winning and losing in accordance with Catholic ideals.
8. Taking special precautions to ensure a safe playing environment and following the Diocesan Creating a Safe Environment policies. Maintaining an adequate first aid kit and keeping medical forms readily available. **Making certain that there will be at least two CYO Credentialed Coaches at every practice and game.**
9. Being aware that individual parish or school CYO programs will be held responsible for damages caused by team members.
10. Scheduling practices so as not to conflict with the religious obligations of the youth.
11. Working with the athletic director in supporting the league and parish CYO programs.

The Parish/Diocesan School Advisory Team

Each parish/diocesan school should have a CYO Advisory Team to aid the Athletic Director in establishing and conducting a successful program.

The advisory team may consist of the athletic director(s), interested and active parents, the pastor and/or his staff delegate, the diocesan school principal, and other parish organization representatives. Each parish should determine qualifications for membership on the Board and the membership should be appointed with term limits set by the pastor or Catholic school principal. Each member should be assigned a specific function and responsibility to ensure that the program is a happy, holy, and healthy environment for all its participants.

Suggested functions include:

1. Ensuring that all Diocesan Safe Environment policies are being followed.
2. Advising regarding policy in the conduct of the parish programs.
3. Managing and purchasing necessary equipment/uniforms.
4. Planning and supporting CYO Masses, CYO Community service, fundraising activities, and concession/admission.
5. Managing the gym facility and supporting parish sponsored tournaments if applicable.

6. Selecting and recruiting athletic directors, coaches, and volunteers.
7. Arranging and helping with parent pre-season meetings and post-season awards nights.

Conclusion:

All parishes/diocesan schools vary in terms of delegating responsibilities. The duties outlined for Athletic Directors CYO Coaches and parish School Advisory Teams may also vary depending on the parish school. The parish leadership (i.e., the pastor, diocesan catholic school principal or combination) is responsible for establishing program policy.

Team Policies

Coaches Certification

Certified coaches must be 21 years of age or older and have kept their credentials up to date by:

- * **Completing Create a Safe Environment (CaSE) training and have a Background check completed prior to assignment and renewing both every 3 years, through their parish office**
- * **Signed a Volunteer Code of Conduct**
- * **CPR, First Aid, and AED Trained**
- * **Attend Coaches meeting (Basketball & Soccer)**
- * **Registering all required information on the coach registration page on www.cyodor.org to be cleared to participate in CYO as a coach**

Supervision

There must be two adults, 21 years of age or older, present at all CYO Activities. An adult coach must never be alone with children. Coaches must be certain that there are enough adults to adequately supervise each activity.

Pre-season Parent Meeting

Coaches are required to arrange and to lead a formal meeting with their team's parents prior to the start of the season. The purpose of the parent meeting is to explain the philosophy and goals of the CYO program, to communicate the coaching philosophy, goals and methods, and to inform parents of team and program policies and expectations.

Safe Playing Environment

Coaches are responsible to provide a safe playing environment and to be prepared to give emergency care for all players. Providing a safe playing environment includes:

- † Having CPR / AED and First-Aid trained and certified coaches overseeing the environment.
- † Holding a current CYO Athletic Health History Form available for all players, see www.cyodor.org for forms.
- † Checking the playing facility prior to each activity and correct any possible hazards before play.
- † Arriving prior to the first participant and staying until each participant leaves the facility. Have a clear transfer of control from parent/guardian to coaches and vice versa before and after each practice and/or game.
- † Being certain that each participant can participate safely.
- † Planning each activity and closely supervising each player.
- † Being prepared to give emergency care by:
 - Having an adequate First-Aid kit, AED, and phone available
 - Discussing emergency procedures in advance with the players and other coaches
 - Reporting all accidents to the Athletic Director

Medical Coverage

CYO does not provide accident insurance. All team members are responsible for their own medical coverage. CYO encourages that each coach is First Aid, CPR & AED trained. If an individual team member has not been able to participate due to a serious injury or an extended illness (more than three days), a doctor's written permission slip must be obtained and kept on file with the Athletic Director before allowing the individual to resume participation.

Transportation of Players

If a volunteer coach transports children other than their own, or parents are arranged to transport children other than their own, the following procedures must be followed:

- † The Driver must have completed **Creating A Safe Environment** training and passed a Background check.

- † The driver needs to undergo a DMV check annually and supply evidence of liability insurance on the vehicle being used for transport as well as a \$100,000 per person / \$300,000 per accident limit of liability.
- † There should never be an occasion when one adult is alone with one minor. Coaches and parents should ensure that there are at least two CaSE-trained and background-checked adults with one minor, or two minors with one CaSE-trained and background-checked adult in the car.

Accident Reports

Any injury to a coach, participant or spectator requiring professional medical attention must be reported to the parish Athletic Director and/or staff liaison. The Athletic Director and/or staff liaison must report the injury by filling out an accident report and submitting it to the Diocesan Coordinator of Sports within 48 hours of the injury occurring.

CYO Athletics Health History/Release Form

Each participant must have completed and returned the CYO Athletics Health History form upon signing up for CYO. The form explains liabilities involved and obtains parental permission for the child to participate. It may allow emergency medical treatment on the participant if a parent is not available. This form can be found on www.cyodor.org and must be signed by parents or a legal guardian before a player is allowed to begin participation in any CYO Athletics. Each Health Form of CYO participants must be on hand with a coach at every CYO event.

Team and Program Fees

Each parish/diocesan school determines fees that players are charged for participation, based on diocesan fees, as well as costs for practice facilities, uniforms, equipment, and awards. **An athlete should not be disqualified because of an inability to pay the fees.** The Diocese sets league fees for each team a parish/diocesan school registers, to cover the cost of officials, gym space, scheduling costs, trainings, and other CYO associated fees.

CYO Calendar and Game Scheduling

Sports seasons and practices are played in accordance with the annual Diocesan CYO Sports Calendar. The calendar includes

dates when practice may begin for each sport, Athletic Director meetings, and dates for the beginning and ending of league play. Athletic Directors and Coaches are responsible to assure that their teams are following CYO calendar dates. Visit <https://teamsideline.com/sites/dor/schedules> for the schedules.

Rules and Regulations

The Diocese of Rochester schedules, publishes and coordinates reschedules of all CYO league games and assigns certified officials. All practices are to be scheduled so that they are completed prior to 10:00pm on a school night and **NO** CYO activities may be scheduled to begin on Sunday before 1:00pm to allow time for the coaches, athletes, and their families to attend Mass.

Player Eligibility

The following is the Diocese of Rochester CYO Athletic Program standards of eligibility for all sports. Children who wish to participate in a Parish/Diocesan Catholic School CYO program shall meet the criteria established as outlined below. Pastor/Principal, Staff Liaison and/or the Athletic Director shall verify that children meet eligibility requirements prior to participation. Coaches should not enroll children or allow them to participate prior to enrollment by the Athletic Director. The use of an ineligible player, knowingly or unknowingly, shall result in the forfeit of all games in which the ineligible player participated.

Section 1: Parish-Based & School Based CYO

- † Parish CYO programs may be open to children who meet one or more of the following criteria:
 - Parishioners- any baptized Catholic living within the parish territory. The expectation is teams are comprised of at least 66% parishioners.
 - Catholic School: All children (Catholic or non-Catholic) who attend the parish parochial school.
 - A parishioner of a Catholic parish that doesn't offer CYO.
- † School-Based CYO programs are open to children who meet the following criteria:
 - All children who attend a Catholic School.

Section 2: Grade

- † A child may participate in a grade higher than the actual grade in which he/she is enrolled. A child can play up a grade, but no child may play down a grade when it comes to competition eligibility. 3rd grade is the beginning of eligible CYO participation.
- † Any Post Graduate student cannot participate in CYO athletics.

Section 3: Age Limitations

- † Any child who is 11 years old prior to **December 1st** of the current school year is not eligible to compete in any of the 3rd & 4th grade CYO programs.
- † Any child who is 13 years old prior to **December 1st** of the current school year is not eligible to compete in any of the 5th & 6th grade CYO programs.
- † Any child who is 15 years old prior to **December 1st** of the current school year is not eligible to compete in any of the 7th & 8th grade CYO programs.
- † Any child who is 17 years old prior to **December 1st** of the current school year is not eligible to compete in any of the 9th & 10th grade CYO programs.
- † Any child who is 19 years old prior to **December 1st** of the current school year is not eligible to compete in any of the 11th & 12th grade CYO programs.

Section 4: Composition of Teams

- † Each Parish/School CYO program should ensure that in each grade and each sport all children who sign up and fulfill program requirements will be placed on a team on a first-come, first-served basis and will participate.
- † Parish/School CYO programs should ensure that all parishioners have a fair opportunity to participate in CYO programs. Parishes should ensure that sign-ups are advertised fairly and publicly and that returning players do not have priority in team positions.

Section 5: Roster

- † The deadline for adding players to the roster shall be one week prior to the first league game of that team- in soccer, basketball, or kickball. Any additions past this must be communicated to the Diocesan Coordinator of Sport to be approved.
- † One CYO Team- Once a child commits himself/herself to a roster, he/she must remain on it until the end of the season, unless otherwise provided for in these bylaws. A child may only play on one CYO team per sport.

Section 6: Male, Female and Co-Ed Teams

- † Soccer: Both 3rd & 4th Grade, and 5th and 6th Grade teams will allow girls to play on boy's teams if there are not enough girls to field a legal team. If there is an even number of boys and girls, the team will be considered Co-Ed and placed in the Co-Ed Division. If there isn't a Co-Ed Division due to number of teams, the Co-Ed teams will play in the Boys Division.
- † Basketball: Only in the 3rd & 4th & 5th & 6th grade level are girls allowed to participate on teams in the boys' CYO programs, unless provided for with a special exception. If there is an even number of girls and boys, the team will play in the Co-Ed Division. If there are more boys than girls, the team will be placed in the Boys League and placed in a division based on skill.
- † Kickball is Co-Ed Grades 2nd-5th, 6th-8th, & High school teams 9th-12th

Team Practice Limitations

Practice and game activities are allowable only during the official season for that sport. Seasons for CYO Sports shall be defined by the Diocesan CYO Calendar as starting on the date listed for official practice for that sport to begin. Team activities shall end on the date listed on the calendar or on the last day of league games.

Tournaments

Any parish or school hosting a DOR CYO tournament must understand they are 100% responsible for all factors pertaining to the tournament. The Diocese does not make tournament schedules, nor pay tournament referees. The tournament director(s) are accountable for all processes and operations of hosting and running a DOR CYO tournament.

League games shall take priority over tournament play. No Tournament games may be scheduled before 1:00pm on Sundays. Tournament games must be scheduled to be completed by 9:00pm on school nights.

Protests and Appeals

Teams may only protest eligibility and interpretation of the rules governing the sport in question. "Judgment Calls" cannot be a reason for protest.

All protests must carry the signature of the parish Pastor or organization Program/Athletic Director and must be submitted in writing to the Diocesan Coordinator of Sports as follows:

- † Game protest must be initiated at the time of the infraction by notifying the referee, who will mark both scorebooks.

- † Game protest must be received at the Pastoral Office within two business days of the game being protested.
- † No eligibility protest may be submitted after three weeks of play. Complaints regarding sportsmanship in matters of eligibility shall follow the process of protest and appeals.

The letter of protest must contain as much proof as possible pertaining to the alleged infraction of the rules. Score sheets, newspaper clippings or any other pertinent information to clarify the protest should be included.

A money order or parish check of \$60.00 must accompany every protest. The bond/check will be returned only if the protest is sustained.

All protests will be reviewed and ruled upon by the Diocesan Coordinator of Sports and The Catholic Schools Department as well the CYO Advisory Board.

Penalties and Disciplinary Actions

It is expected that all coaches and players in the CYO program will adhere to the CYO regulations and will be guided by both the letter, and more importantly the spirit of the rules.

In all cases of complaints about coaches or teams, the Coach will be notified by the Diocesan Coordinator of Sports and will be invited to respond.

Conduct contrary to the purpose and regulations of CYO will incur disciplinary action as follows:

- † The player will be dropped, and/or
- † The team may be refused entry to the next year's program, and/or
- † The Coach may be placed on probation for the remainder of the current year and next year.
- † The Coach may be asked to step down, and relieved from his/her coaching duties.

Basketball:

- If a player or coach is ejected from a game for fighting, he/she will no longer be allowed to participate in CYO scheduled games for the remainder of the year. The coach may be placed on probation or dropped from the league, players may be dropped from the league, games may be forfeited, and teams may be barred from tournaments per the review of the Diocesan Coordinator of Sports and the CYO Advisory Team. CYO has a NO Tolerance Policy when it comes to such physically egregious actions. Repeated technical fouls by a coach or player in a season falls on that program's Athletic Director to make decisions on how that should be best handled.

Soccer:

- If a player receives a Yellow Card, he/she is to be immediately removed from the game for the balance of the half, and if a player or coach receives a Red card and is ejected from the game, that player or coach will sit out the next scheduled CYO game. If a player or coach is ejected from a second game, he/she will no longer be allowed to participate in CYO.

Kickball:

- If a player intentionally attacks another player by head shot, they will be removed from the CYO Kickball League. Unsportsmanlike conduct is not tolerated in CYO.

Visit www.cyodor.org/ for forms and further information.

Visit teamsideline.com/sites/dor/schedules for the Master CYO Schedule.

Any questions Contact the CYO Coordinator of Sports

cyo@dor.org